

運動部指導者の葛藤生起パターンごとにみられる 対人関係の中での自己知覚の特徴

小谷克彦¹⁾・中込四郎²⁾

Self-Perception Characteristics of Interpersonal Relations among School Athletic Club Teachers/Coaches by Self Conflict Occurrence Patterns

Katsuhiko Kotani¹ and Shiro Nakagomi²

Abstract

The purpose of this study was to identify patterns of self conflict occurrence among school athletic club teachers/coaches and investigate their self perceptions of interpersonal relations within each of these patterns. A survey questionnaire about self conflict occurrence, decision-making tendency, direction of awareness, and interpersonal relations was administered to four hundred athletic club teachers/coaches in high schools. Using cluster analysis, four patterns of self conflict occurrence among the subjects were identified: "over-deliberative conflict," "impatient conflict," "deliberative decision make" and "rash decision make." Additionally, the self conflict occurrence patterns examined by the subjects' self perceptions in interpersonal relations were characterized as follows. 1) Two different characteristics of the causes of self conflicts were confirmed. One characteristic was that attitudes affected by external criteria and attitudes poorly matched with internal values were related to self conflict occurrence. The other was that attitudes with unstable internal and external criteria were related to self conflict occurrence. 2) There were also two different characteristics in cases where subjects did not have self conflicts. First, these subjects held attitudes that were not easily swayed by others, and they also had a friendly attitude toward others. Second, these subjects held attitudes that they had no doubts about their decision-making criteria. These results indicated that the self conflict experienced by teachers/coaches originated from how to position themselves in their relationships with students in school athletic club activities.

Key words: teacher/coach, self conflict occurrence patterns,
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1) 筑波大学大学院博士課程
〒305-8574 茨城県つくば市天王台1-1-1

2) 筑波大学
〒305-8574 茨城県つくば市天王台1-1-1

連絡先: 小谷克彦

E-mail: kota@shinri.taiiku.tsukuba.ac.jp

1 University of Tsukuba
1-1-1 Tennoudai, Tsukuba, Ibaraki 305-8574

2 University of Tsukuba
1-1-1 Tennoudai, Tsukuba, Ibaraki 305-8574

Corresponding author: Katsuhiko Kotani