

スポーツ選手の競技引退観検査の作成

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Development of the Scale of Views on Athletic Retirement

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Abstract

The purpose of this study is to develop the Scale of Views on Athletic Retirement, which is useful as a guide for preventive-educational interventions and promoting personal development. The Scale of Views on Athletic Retirement consists of four parts that measure "antecedent factors regarding athletic retirement", "attitude toward athletic retirement", "intention to retire from athletics", and "perception of athletic retirement". The questionnaire was completed by 301 athletes (171 males and 130 females) with a mean age of 20.6 years. The result of factor analyses (the principal axis factoring with varimax rotations) showed the emergence of seven factors for "antecedent factors regarding athletic retirement" and eleven factors (three feelings, four perception, and four behavioral factors) that seemed conceptually suitable for "attitude toward athletic retirement". We found that these components constituted the Scale of Views on Athletic Retirement. Differences in attitude toward athletic retirement were seen in terms of antecedent factors regarding athletic retirement, gender, age groups and sport.

Key words : athletic retirement, views on athletic retirement, assessment tool, preventive-educational intervention